



FLAHERTY
PHYSICAL THERAPY



PLEASE JOIN US AT FLAHERTY PHYSICAL THERAPY
NECK PAIN WORKSHOP

Do you have neck pain? Is it worse when using the computer or looking at your smart phone? Does your neck progressively get worse as your day goes along? Do you have neck pain that travels into your shoulder, arm or fingers? Would you like a solution to pain without medications?

Come and learn more about how Physical Therapy treatment can be a great way to reduce your neck, shoulder or arm pain symptoms. We will cover how physical therapy treatments, exercise, proper stretching and breathing techniques can help your daily pain issues to allow you to get a better handle on your neck pain.

WHEN

Tuesday, February 19

TIME

6-7 pm

LOCATION

Flaherty PT

PRESENTER

Kevin Flaherty, PT, CSCS

**For more information or to RSVP,
call the office at:**

508-393-9000