



## Private Pay Physical Therapy

Flaherty Physical Therapy is proud to offer you more options for private pay (non-insurance) physical therapy. We understand you may need to keep your Mojo going with these self-pay programs!

Here are the rates for the services we offer:

- |   |       |
|---|-------|
| 1) Initial Evaluation (full, comprehensive evaluation with education and exercise program): | \$225 |
| 2) Follow up visit (40 min):  | \$100 |

### Good Faith Estimate for Health Care Items and Services (No Surprises Act - Jan 2022)

We anticipate the cost per visit as noted above. Please note that patients paying out of pocket at the time of service will have lower rates as compared to those billed to insurance due to prompt payment and decreased administrative burden.

FMS (Functional Movement Screen) up to 40 minutes:	\$100
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FMS re-screen up to 40 minutes:	\$85
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Exercise progressions/reviews of current plans (handouts provided):

1 session up to 40 min:	\$95
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Manual Therapy - Graston massage, Joint mobilizations, spine/joint manipulation, soft tissue mobilization, manual traction, passive range of motion, movement with mobilization, at the discretion of the Physical Therapist

1. session up to 40 min:	\$95
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#### Northborough

411 West Main Street, Suite 3  
Northborough, MA 01532  
**p:** 508-393-9000  
**f:** 508-393-9525

**e:** [info@flahertyphysicaltherapy.com](mailto:info@flahertyphysicaltherapy.com)  
**w:** [www.flahertyphysicaltherapy.com](http://www.flahertyphysicaltherapy.com)

#### Hudson

43 Broad Street, Suite C302d  
Hudson, MA 01749  
**p:** 978-875-7500  
**f:** 978-875-7501

A decorative graphic in the bottom right corner consisting of several overlapping diamonds in shades of green and grey. The text "LET'S MOVE!" is centered within one of the grey diamonds.

LET'S MOVE!



Pilates one on one session:

1 session up to 40 min: \$95

Mechanical Traction, Cervical or Lumbar: (15 minutes) \$30

Normatec Compression Unit: (15 minutes) \$30

Sole Supports Custom Orthotics: \$375

Orthotic sitting fee for non-patient \$75

PT After Care – Post PT program (monthly fee) \$39

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